

GLP-1 FRIENDLINESS SCORE

47 / 100

Moderate

SCORE BREAKDOWN

POSITIVE CONTRIBUTIONS

Protein	+30
Fibre	+2.4
Polyphenols	+18.0
Postbiotic	+0
Minerals (Mg + Zn)	+0.0

PENALTIES

Gut Stressors (1)	-3
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Gut Stressors: Acesulfame Potassium (Ace-K)

Net Score: 47 / 100 (+ 50 - 3)

PER SERVING BREAKDOWN

2 kcal per serving

Protein	0.2g	0% DV
Dietary Fibre	0.0g	0% DV
Polyphenols	1.1mg	0% DV

Post-biotics: Not detected

HEALTH CANADA FOP CHECK

Warning flags trigger at ≥ 15% DV per serving (SOR/2022-168)

Sodium - OK
0mg

Sugars - OK
0.0g

Sat Fat - OK
0.0g

0 mg/100g • 0.0 g/100g • 0.0 g/100g

FORMULATION INGREDIENTS

Ingredient	Amount (g)	% Formula
Ascorbic Acid (Vitamin C)	0.5	11.0%
Vitamin D3 (Cholecalciferol)	0.1	2.3%
Vitamin K2 (MK-7, fermented)	0.1	2.3%
Riboflavin (Vitamin B2)	0.1	2.3%

Ingredient	Amount (g)	% Formula
Niacin (Nicotinic Acid, B3)	0.1	2.3%
Pyridoxine HCl (Vitamin B6)	0.1	2.3%
Cyanocobalamin (Vitamin B12)	0.1	2.3%
Pantothenic Acid (Calcium Salt)	0.1	2.3%
Acesulfame Potassium (Ace-K)	0.3	7.3%
Calcium Carbonate	0.2	4.6%
Magnesium Citrate	0.2	4.6%
Himalayan Pink Salt	0.6	13.7%
Salt (NaCl)	0.4	9.1%
Citric Acid Esters of MG (CITREM E472c)	0.6	13.7%
Natural Flavoring	0.3	7.3%
Beef Extract Powder	0.2	4.6%
Stevia Extract (Reb A 95%)	0.1	2.7%
Silicon Dioxide (E551 anti-caking)	0.1	2.7%
Spirulina Powder	0.1	2.7%

MINERALS PER SERVING

K: 1.5mg (0% DV) **Mg:** 0.2mg (0% DV) **Zn:** 0.0mg (0% DV) **Fe:** 0.0mg (0% DV) **Ca:** 0.1mg (0% DV) **P:** 0.1mg (0% DV)

COST ANALYSIS

Per 100g: \$1.20 USD Per serving: \$0.05 USD Batch: \$4.21 USD